

ThinkPad T14 Gen 3

Thinner, lighter, and redesigned with a higher screen-to-body ratio and new 16:10 aspect ratio for more expansive views, ThinkPad T14 Gen 3 delivers uncompromised performance and intentional sustainability. This endlessly configurable device is packed with AMD Ryzen™ 6000 PRO series processors with 20W Thermal Design Power, plus integrated AMD Radeon™ 600M graphics. Powerful new LPDDR5 memory, enhanced storage, and a larger battery option for true all-day power further enhance productivity.

ThinkPad T14 Gen 3 is the perfect companion for professionals on-the-go with blazing-fast Wi-Fi 6E and LTE connectivity options. It features built-in ThinkShield security and AMD PRO Security, including AMD Memory Guard, for optimized protection against threats. This combines with Pluton technology, designed and updated by Microsoft, which is built directly into the processor, hardening new Windows 11 PCs with continuous, up-to-date security. Enhanced AI security features include ePrivacy with PrivacyGuard.



AMD
RYZEN
PRO

Smarter
technology
for all

Lenovo

ThinkPad T14 Gen 3



POWER-PACKED PERFORMANCE

ThinkPad T14 Gen 3 is built to perform with AMD Ryzen™ 6000 PRO series processors and up to 32GB LPDDR5 Dual Channel Soldered Down memory. Ample storage—up to 2TB Gen 4 performance PCIe SSD—combines with integrated AMD Radeon™ 600M graphics for a device that keeps pace with everything users do day and night.



ENHANCED USER EXPERIENCE

Expect more from ThinkPad T14 Gen 3, like digital wellness features designed to keep users healthy and productive. Newly added features to Glance software aim to support wellness with posture alert and reminders to look away for 10 seconds to allow the user's eyes to refocus and alleviate fatigue. New Low Blue Light display options further support eye health.



BUILT FOR WORK AND PLAY

With display options that range up to WQUXGA Touch with Dolby® Vision™, optional FHD cameras, Dolby® Audio™ Speaker System, and new Dolby® Voice AI noise suppression technology, ThinkPad T14 Gen 3 delivers an immersive and impressive audio/visual experience whether videoconferencing for work, creating content on the side, or consuming it just for fun.



EVERYWHERE CONNECTIVITY

Along with an expansive array of ports, ThinkPad T14 Gen 3 also assures users of blazing-fast Gigabit Internet speeds no matter where they happen to be thanks to Wi-Fi 6E and LTE connectivity options.



SMARTER SECURITY

This secured-core PC features enhanced built-in ThinkShield security solutions, like human presence detection. It has Microsoft Pluton technology built into the processor, which offers continuous protection for user identity, data, and apps. Plus, ThinkPad T14 Gen 3 has chip-level AMD PRO Security, which offers a modern, multi-layered approach that helps protect sensitive data from today's sophisticated attacks, avoid downtime, and reduce resource drain.



sustainability

ThinkPad T14 Gen 3 uses 90% recycled and/or sustainable packaging¹, as well as PCC recycled material for the battery brackets, speaker enclosures, and AC adaptors. All Lenovo devices are manufactured using low-temperature solder for reduced emissions. And by 2025, Lenovo aims to obtain 90% of electricity for global operations from renewable sources and remove one million tons of greenhouse gas emissions from the supply chain.

customization

Between processor, memory, storage, display, and security options, ThinkPad T14 Gen 3 offers nearly unlimited configurations, making it one of the most popular and personal computers on the market.

security

In addition to chip- and processor-level security, an antimicrobial treatment option can be applied to protect users from literal viruses and germs.

¹Product packaging shall contain, on average, a minimum total percentage of 90% by weight of any combination of the following materials: Recycled content, biobased plastic, non-wood biobased fiber material, and/or sustainably forested material.

ThinkPad T14 Gen 3

Lenovo offers a comprehensive portfolio of end-to-end services to support and protect your investment—so you can focus on the job at hand, not IT.

Services



PREMIER SUPPORT

Bypass phone menus and scripted troubleshooting to access advanced-level technicians with the expertise needed to quickly diagnose and solve problems. Get a consistent point of contact within Lenovo to ensure that your case resolution is professionally managed from start to finish.^{1,2}



ACCIDENTAL DAMAGE PROTECTION

Protect your investment from operational or structural damage caused by common accidents like drops, spills, or electrical surges. This protection plan helps with predictable budgeting, minimizes unexpected repair costs and provides significant savings relative to the cost of non-covered repairs.^{1,2}



GREEN DELIVERY

Improve sustainability for a smaller environmental impact. Green Delivery Service delivers devices in bulk packaging to reduce per-unit waste, improve operational efficiency with consolidated shipments, and allow for environmentally friendly packaging disposal. Plus, all boxes use Kraft Sealing Tape to eliminate single-use tape, and by 2025/26, 90% of PC products' packaging will be made from recycled materials.

¹Up to 5 years total duration

²May not be available in all regions

Accessories

ThinkPad Universal Thunderbolt 4 Dock

Enables 8K display or multiple 4K displays support, silent firmware upgrades, data transfer at lightning fast 40 Gbps, and Intel® vPro®/ AMT pass-through support.



PN: 40B00135xx

ThinkPad Bluetooth Silent Mouse

The ThinkPad Bluetooth Silent Mouse is sculpted to be comfortable to rest your palm on, with a low-profile & minimalist design, effortlessly pairing with up to two devices at once, quickly switching between them with the push of a button, thanks to Bluetooth 5.0 and Microsoft Swift Pair technology.



PN: 4Y50X88B22

ThinkPad 14-inch Professional Slim Topload

The ThinkPad 14-inch Professional Slim Topload is a sleek, thin-and-light case for the minimalist professional. This compact design carries, protects and organizes your laptop and everyday work essentials, while premium, lightweight materials withstand everyday wear and tear.



PN: 4X40W19826

ThinkPad T14 Gen 3



performance

PROCESSOR

Up to AMD Ryzen™ 6000 PRO series processors (20W)

OPERATING SYSTEM

Up to Windows 11 Pro or Linux
Windows 10 Pro preinstalled through downgrade rights in Windows 11 Pro

GRAPHICS

Integrated AMD Radeon™ 600M

CAMERA

HD RGB, FHD RGB, or FHD + IR camera with webcam privacy shutter

MEMORY

Up to 32GB LPDDR5 (6400Mhz) Dual Channel (Soldered)

STORAGE

Up to 2TB Gen 4 performance PCIe SSD

BATTERY

Choice of 39.3 Whr or 52.4 Whr battery

AC ADAPTER

65W AC adapter, supports RapidCharge for both battery options

AUDIO

Dolby® Audio™ Speaker System with Dolby® Voice
2x User-facing Microphones

connectivity

INPUT/OUTPUT PORTS

2x USB-C 3.2 Gen 2
2x USB-A 3.2 Gen 1
1x HDMI 2.0b
1x Audio (headphone and microphone combo jack)
1x RJ45
1x SIM

WIRELESS

Wi-Fi 6E (requires Windows 11 Pro)
LTE (CAT16)²
LTE (CAT4)²
Bluetooth® 5.2



NFC

Yes (availability may vary across countries)

DOCKING

USB-C dock

security

AMD PRO Security with AMD Memory Guard
Microsoft Pluton
Secured-Core PC
Power-On Touch Fingerprint Reader
FHD IR Hybrid camera
Privacy Guard Display
dTPM 2.0 chip
Webcam privacy shutter
Kensington™ lock slot
Optional antimicrobial treatment

design

DISPLAY

14" WUXGA 16:10 (1920x1200) IPS AG (300nit, 45%CG)
14" WUXGA 16:10 (1920x1200) IPS AG Touch (300nit, 45%CG)
14" WUXGA 16:10 (1920x1200) IPS LP AG (400nit, 100%sRGB, Low Blue Light)
14" WUXGA 16:10 (1920x1200) IPS AG Touch with Privacy Guard (500nit, 100%sRGB)
14" 2.2K 16:10 (2240x1400) IPS AG (300nit, 100% sRGB, Low Blue Light)
14" WQXGA 16:10 (3840x2400) IPS AOFT Touch AGARAS (500nit, 100% DCI-P3, HDR400, Dolby® Vision™, Low Blue Light)

DIMENSIONS (W X D X H)

317.7 x 226.9 x 17.9 mm
12.51 x 8.93 x 0.70 inches

WEIGHT

Starting at 2.65 lbs / 1.2 kg

KEYBOARD

Standard and backlit keyboard with TrackPoint and 115 mm wide TrackPad

COLORS

Thunder Black

sustainability

MATERIALS

97% PCC recycled plastic used in speaker enclosure
97% PCC recycled plastic used in the 52.4Wh battery; 25-30% in the 39.3Wh
95% PCC recycled plastic used in standard 65-watt adaptor
Low-temperature solder
90% recycled and/or sustainable packaging¹

CERTIFICATIONS

EPEAT® Gold, registered in the U.S., Canada, and Germany
ENERGY STAR® certified
TCO v9

¹Product packaging shall contain, on average, a minimum total percentage of 90% by weight of any combination of the following materials: Recycled content, biobased plastic, non-wood biobased fiber material, and/or sustainably forested material.

²Optional

©2022 Lenovo. All rights reserved. These products are available while supplies last. For any questions concerning price, please contact your Lenovo Account Executive. Lenovo is not responsible for photographic or typographic errors. Warranty: For a copy of applicable warranties, write to: Warranty Information, 500 Park Offices Drive, RTP, NC 27709, Attn: Dept. ZPYA/B600. Lenovo makes no representation or warranty regarding third-party products or services. Trademarks: Lenovo, the Lenovo logo, Rescue and Recovery, ThinkPad, ThinkCentre, ThinkStation, ThinkVantage, and ThinkVision are trademarks or registered trademarks of Lenovo. Microsoft, Windows, and Vista are registered trademarks of Microsoft Corporation.

©2022 Advanced Micro Devices, Inc. All rights reserved. AMD and the AMD Arrow logo are trademarks of Advanced Micro Devices, Inc. Other company, product and service names